	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00						YMCA CLOSED	YMCA CLOSED
6:30							
7:00							
7:30							
8:00	Water Ex. 8:00 - 9:00 am	Water Ex. 8-9 am	Water Ex. 8:00 - 9:00 am	Water Ex. 8-9 am	Water Ex. 8:00 - 9:00 am	Water Ex. 8-9 am	
8:30							
8:45							
9:00	9:15-9:55 am P/C & pre school class	9:15-9:55 am P/C & pre school class	9:15-9:55 am P/C & pre school class	9:15-9:55 am P/C & pre school class	Pre-School lessons 9-10 am		
9:30						Swimming Lessons 9:30-11:45 AM	
10:00							
10:15	Arthritis 10-10:45 / P/S les	Arthritis Ex. 10 - 10:45 am	Arthritis 10-10:45 / P/S les	Arthritis Ex. 10 - 10:45 am	Arthritis Ex. 10 - 10:45 am		
10:30							
11:00	Aqua-aerobics 11:00-12:00		Aqua-aerobics 11:00-12:00		Aqua-aerobics 11:00-12:00		
11:30							
12:00	open swim 12-12:45	open swim 12-12:45	open swim 12-12:45	open swim 12-12:45	open swim 12-12:45		
12:30							
1:00	Fountain of Youth 1:00-2:00 PM	P/S lessons 12:45-2 PM	Fountain of Youth 1:00-2:00 PM	Wea Swim 1-1:30 PM	Fountain of Youth 1:00-2:00 PM	Birthday Parties1-2 PM	
1:30							
2:00	OPEN SWIM 2:00-3:30	OPEN SWIM 2-4 PM	OPEN SWIM 2:00-3:30	Open Swim 2-4 PM	OPEN SWIM 2:00-3:30	OPEN SWIM 2:00-5:30	OPEN SWIM 2:00-5:30
2:30							
3:00							
3:15	CC Swim team 3:30-4:45 / Open Swim 3:30-4:45		CC Swim team 3:30-4:45 / Open Swim 3:30-4:45		CC Swim team 3:30-4:45		
3:30							
4:00		4-4:30 4GI		4-4:30 4GI			
4:30	Swimming Lessons 4:30-5:25 PM	Swimming Lessons 4:30-5:25 PM	Swimming Lessons 4:30-5:25 PM	Swimming Lessons 4:30-5:25 PM	Y-Care Swim 4:30-5:25		
4:45							
5:00							
5:30	YMCA waves 525-615 / Water Exercise 5:30-6:30	Aqua-Zumba 5:30-6:30	YMCA waves 525-615 / Water Exercise 5:30-6:30	Water Exercise 5:30-6:30	YMCA waves 525-615 / Water Exercise 5:30-6:30	YMCA CLOSED	YMCA CLOSED
5:45							
6:00							
6:15							
6:30	Lessons 630-710	Project Starfish/ Adult/Teen 6:30-7:10	Lessons 630-710	Project Starfish/ Adult/Teen 6:30-7:10			
7:00							
7:15	Open Swim 7:15-9:30 PM	Open Swim 7:15-9:30 PM	Open Swim 7:15-9:30 PM	Open Swim 7:15-9:30 PM	Open Swim 6:30-9:30		
7:30							
7:45							
8:00							
8:15							
8:30							
9:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

January 9 - March 5th

Please Shower before swimming
Swimmers under 9 must have a parent **in the water**

Empty Squares signifies lap swim
Schedule subject to change.