



# GROUP FITNESS SCHEDULE

Spring Break Schedule

Effective March 22



	Time	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
<b>Aerobics Room</b>	5:15 AM		<b>BodyShop</b>		<b>BodyShop</b>				
	6:00AM	<b>LEOVILLE BODYPUMP</b>		<b>LEOVILLE BODYPUMP</b>		<b>LEOVILLE BODYPUMP</b>	8:30 AM	<b>LEOVILLE BODYCOMBAT</b>	
	8:30 AM	<b>Hi/LO</b>	<b>ZUMBA</b>	<b>Hi/LO</b>	<b>ZUMBA</b>	<b>Hi/LO</b>	9:30 AM	<b>LEOVILLE BODYPUMP</b>	
	9:30 AM						10:45AM	<b>ZUMBA</b>	
	12:00 PM	<b>LEOVILLE BODYPUMP</b>		<b>LEOVILLE BODYPUMP</b>	<b>Step</b>	<b>LEOVILLE BODYPUMP</b>			
	4:30 PM	<b>LEOVILLE BODYATTACK</b>		<b>LEOVILLE BODYATTACK</b>		<b>Step &amp; strength</b>	2:30 PM		<b>LEOVILLE BODYPUMP</b>
	5:35 PM	<b>LEOVILLE BODYPUMP</b>	<b>Step</b>	<b>LEOVILLE BODYPUMP</b>	<b>Kickboxing</b>	<b>LEOVILLE BODYPUMP</b>			
	6:40 PM	<b>ZUMBA</b>	<b>LEOVILLE BODYCOMBAT</b>	<b>ZUMBA</b>	<b>LEOVILLE BODYCOMBAT</b>				
	7:20 PM	<b>ZUMBA</b>		<b>ZUMBA</b>					
<b>Multi-Purpose</b>	TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
	8:30 AM								
	9:30 AM	<b>BodyShop</b>	<b>Pilates</b>	<b>BodyShop</b>	<b>Pilates</b>	<b>Beginner Pilates</b>			
	4:30 PM	<b>Bodyshop &amp; abs</b>		<b>Bodyshop &amp; abs</b>					
	5:30 PM	<b>Beg. Step</b>	<b>Inner Peace</b>		<b>Inner Peace</b>				
	6:30 PM	<b>Beg. Bodyshop</b>		<b>Beg. Bodyshop</b>					
<b>Cycle Studio</b>	TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
	5:15 AM	<b>LEOVILLE RPM</b>		<b>LEOVILLE RPM</b>		<b>LEOVILLE RPM</b>			
	6:15 AM		<b>LEOVILLE RPM</b>		<b>LEOVILLE RPM</b>		8:30 AM	<b>LEOVILLE RPM</b>	
	9:30 AM	<b>cycle</b>		<b>LEOVILLE RPM</b>					
	4:30 PM		<b>LEOVILLE RPM</b>		<b>LEOVILLE RPM</b>				
	5:30PM	<b>cycle</b>		<b>cycle</b>		<b>LEOVILLE RPM</b>			
<b>Other</b>	TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
	9:30 AM								
	12:15 PM	<b>Silver Foxes (gym)</b>		<b>Silver Foxes (gym)</b>		<b>Silver Foxes (gym)</b>			