

| | MONDAY | | | TUESDAY | | | WEDNESDAY | | | THURSDAY | | | FRIDAY | | | SATURDAY | | | SUNDAY | | |
|-------|-----------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----------|---|---|--------|---|---|
| | 6 | 7 | 8 | 6 | 7 | 8 | 6 | 7 | 8 | 6 | 7 | 8 | 6 | 7 | 8 | 6 | 7 | 8 | 6 | 7 | 8 |
| 6:00 | | | | | | | | | | | | | | | | | | | | | |
| 6:30 | | | | | | | | | | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | | | | | | | | | | | |
| 8:00 | Water Ex. 7:45 - 8:45 am | | | Water Ex. 7:45 - 8:45 am | | | Water Ex. 7:45 - 8:45 am | | | Water Ex. 7:45 - 8:45 am | | | Water Ex. 7:45 - 8:45 am | | | | | | | | |
| 8:30 | | | | | | | | | | | | | | | | | | | | | |
| 8:45 | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | 9-10:15 P/C & pre-school class | | | Adapted Exercise 9-10:15 P/C & pre-school class | | | Adapted Exercise 9-10:15 P/C & pre-school class | | | Adapted Exercise 9-10:15 P/C & pre-school class | | | Adapted Exercise 9-10:15 P/C & pre-school class | | | | | | | | |
| 9:30 | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | | | | | | | | | | |
| 10:15 | | | | | | | | | | | | | | | | | | | | | |
| 10:30 | Arthritis Class 1015-11 | | | Arthritis Class 1015-11 | | | Arthritis Class 1015-11 | | | Arthritis Class 1015-11 | | | Arthritis Class 1015-11 | | | | | | | | |
| 11:00 | Aqua-aerobics 11:00-12:00 | | | Aqua-aerobics 11:00-12:00 | | | Aqua-aerobics 11:00-12:00 | | | Aqua-aerobics 11:00-12:00 | | | Aqua-aerobics 11:00-12:00 | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | Open Swim 12:00-1:00 | | | Open Swim 12:00-1:00 | | | Open Swim 12:00-1:00 | | | Open Swim 12:00-1:00 | | | Open Swim 12:00-1:00 | | | | | | | | |
| 12:30 | | | | | | | | | | | | | | | | | | | | | |
| 1:00 | | | | | | | | | | | | | | | | | | | | | |
| 1:30 | Fountain of Youth 100-200 | | | Fountain of Youth 100-200 | | | Fountain of Youth 100-200 | | | Fountain of Youth 100-200 | | | Fountain of Youth 100-200 | | | | | | | | |
| 2:00 | | | | | | | | | | | | | | | | | | | | | |
| 2:30 | | | | | | | | | | | | | | | | | | | | | |
| 3:00 | KCC & CAMP SWIM 2:30-4:00 PM | | | KCC & CAMP SWIM 2:30-4:00 PM | | | KCC & CAMP SWIM 2:30-4:00 PM | | | KCC & CAMP SWIM 2:30-4:00 PM | | | KCC & CAMP SWIM 2:30-4:00 PM | | | | | | | | |
| 3:15 | | | | | | | | | | | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | | | | | | | | | | | |
| 4:00 | Swimming Lessons 4:00-4:40 | | | Swimming Lessons 4:00-4:40 | | | Swimming Lessons 4:00-4:40 | | | Swimming Lessons 4:00-4:40 | | | Swimming Lessons 4:00-4:40 | | | | | | | | |
| 4:30 | | | | | | | | | | | | | | | | | | | | | |
| 4:45 | Swimming Lessons 4:45-5:25 | | | Swimming Lessons 4:45-5:25 | | | Swimming Lessons 4:45-5:25 | | | Swimming Lessons 4:45-5:25 | | | Swimming Lessons 4:45-5:25 | | | | | | | | |
| 5:00 | | | | | | | | | | | | | | | | | | | | | |
| 5:30 | Porpoise Club 5:30-6:30 | | | Porpoise Club 5:30-6:30 | | | Porpoise Club 5:30-6:30 | | | Porpoise Club 5:30-6:30 | | | Porpoise Club 5:30-6:30 | | | | | | | | |
| 5:45 | | | | | | | | | | | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | | | | | | | | | | | |
| 6:15 | | | | | | | | | | | | | | | | | | | | | |
| 6:30 | Lessons 630-710 | | | Lessons 630-710 | | | Lessons 630-710 | | | Lessons 630-710 | | | Lessons 630-710 | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | | | | | | | | |
| 7:15 | | | | | | | | | | | | | | | | | | | | | |
| 7:30 | Open Swim 7:15-8:15 | | | Open Swim 7:15-8:15 | | | Open Swim 7:15-8:15 | | | Open Swim 7:15-8:15 | | | Open Swim 7:15-8:15 | | | | | | | | |
| 7:45 | | | | | | | | | | | | | | | | | | | | | |
| 8:00 | | | | | | | | | | | | | | | | | | | | | |
| 8:15 | Open Swim 9:30 PM | | | Open Swim 9:30 PM | | | Open Swim 9:30 PM | | | Open Swim 9:30 PM | | | Open Swim 9:30 PM | | | | | | | | |
| 8:30 | | | | | | | | | | | | | | | | | | | | | |
| 8:45 | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | | | | | | | | | | | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | | | | | | | | | | | |
| 9:45 | | | | | | | | | | | | | | | | | | | | | |

Empty Squares Designate Lap Swim
 Swimmers please shower prior to entering the pool.
 July 27th - Sept. 5th Parents must swim in the water with children under the age of 9.
 Schedule subject to change without notice.