	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00						YMCA CLOSED	YMCA CLOSED
6:30							
7:00						CC Swim Team 7:00-9:30	
7:30							
8:00	Water Ex. 7:45 - 8:45 am	Water Ex. 7:45 - 8:45 am	Water Ex. 7:45 - 8:45 am	Water Ex 7:45 - 8:45 am	Water Ex 7:45 - 8:45 am	waterex 7:45-845	
8:30							
8:45		Adapted Exercise		Adapted Exercise			
9:00	9-10:15 P/C & pre-school class		9-10:15 P/C & pre-school class		Water Walking 845-1100	Swimming Lessons 9:30 - 12:00 am	
9:30		KCC 9:30-10:00 / Aqua power hr.		KCC 9:30-10:00 / Aqua power hr.			
10:00							
10:15	Arthritis Exercise 10:15-11:00	Arthritis Exercise 10:15-11:00	Arthritis Exercise 10:15-11:00	Arthritis Exercise 10:15-11:00			
10:30							
11:00	Aqua-aerobics 11:00-12:00	Open Swim 11:00-1:00	Aqua-aerobics 11:00-12:00	Open Swim 11:00-1:00	Aqua-aerobics 11:00-12:00		
11:30						Porpoise Club 11-12:30	
12:00	Open 12:00-1		Open 12:00-1		Open 12-1:00		
12:30							
1:00	Fountain of Youth 1:00-2:00	1-1:30Glass Lessons 1:45-2:30	Fountain of Youth 1:00-2:00	1-1:30Glass Lessons 1:45-2:30	Fountain of Youth 1:00-2:00		
1:30						OPEN SWIM 1:30-5:30	OPEN SWIM 1:30-5:30
2:00							
2:30	Kids Crew	Open Swim 2:30-3:15	Kids Crew	Open Swim 2:30-3:15	2:30-3:15 Open Swim		
3:00							
3:15	CC Swim Team 3:15-4:45	CC Swim Team 3:15-4:45 / Lessons 4:00-4:40	CC Swim Team 3:15-4:40	CC Swim Team 3:15-4:45 / Lessons 4:00-4:40	CC Swim Team 3:15-4:45 / KCC Swim 4-5:30		
3:30							
4:00							
4:30							
4:45	Swimming Lessons 4:45-5:25	Swimming Lessons 4:45-5:25	Swimming Lessons 4:45-5:25	Swimming Lessons 4:45-5:25			
5:00							
5:30						YMCA CLOSED	YMCA CLOSED
5:45	Porpoise Club 5:30-6:30	Water Ex 5:30 - 6:30	Porpoise Club 5:30-6:30	Water Ex 5:30 - 6:30	Water Ex 5:30 - 6:30		
6:00							
6:15							
6:30	Lessons 630-710	Project Starfish	Lessons 630-710	Project Starfish	Open Swim 6:30-9:30		
7:00							
7:15	Open Swim 7:15-9:30 PM / adult lesson 715-8	Aqua-Rock 7:15-8:15	Open Swim 7:15-9:30 PM / adult lesson 715-8	Aqua-Rock 7:15-8:15			
7:30							
7:45							
8:00							
8:15		Open Swim 8:15-9:30		Open Swim 8:15-9:30			
8:30							
9:00							
9:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
9:45							

Empty Squares Designate
Lap Swim

January 4th - February 14th

Schedule subject to change without notice.